

Volunteer Role Description



The Chaplaincy Team provides support to Residents and Ex-Residents of One YMCA Hostels, to enable them to reach their potential in Body, Mind and Spirit, by providing emotional, practical and spiritual support.

Role Title	Chaplain
Department	Chaplaincy
Location	One YMCA Accommodation in High Wycombe, Watford, Welwyn Garden City, Stevenage or Bishop's Stortford
Hours	Minimum 2 hours per week (days and hours to be discussed)
Main Tasks / Responsibilities / Activities	<p>Providing a confidential non-judgemental listening ear to Residents and Staff. Supporting those wishing to develop their spiritual journey from a Christian perspective. Activities include:</p> <ul style="list-style-type: none"> • Proactively engaging with Residents and staff to build safe relationships and trust • Offering a 'listening ear' to all and giving emotional support • Sensitively discerning when to offer prayer and support from a Christian perspective, and when to use faith based language • Be inclusive and welcoming to people of all religious faiths and none, referring people to other faith communities as appropriate • Working alongside support staff, volunteers & local agencies • Maintaining records of support and feeding back concerns about Resident welfare to Staff/Line Manager. • Attend regular volunteer team meetings • Being proactive in seeking spiritual and emotional support for your own benefit as this is a challenging role. <p>Additional activities could include:</p> <ul style="list-style-type: none"> • Facilitating group work for example: Retreat Programme, Bible Study, prayer or Mental Health Support. • Welcoming new Residents by phone or in person • Leading or helping with Chaplaincy lead events: Easter/Christmas activities, Remembrance Services • Being an ambassador for YMCA's mission in local Churches
Skills / Abilities / Experience / Qualities	<ul style="list-style-type: none"> • Be a good and active listener who can support others • Be of a friendly, welcoming and cheerful disposition • Self-motivated, reliable and punctual • Sensitivity and courage to care for people experiencing a range of distressing situations including: grief, trauma, poor mental health, substance misuse, suicidal thoughts. • A commitment to your own spiritual development • A good understanding of the Christian faith, as well as some understanding of other faith traditions • Ability to use both faith and non-faith based language, as appropriate • Good communication skills in English; in person & over the phone • A willingness to learn new things and get stuck in

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.



	<ul style="list-style-type: none">• Ability to maintain confidentiality• Ability to work as part of a team• Respect the Christian ethos of the YMCA and uphold its values• Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have
Training / Support	<ul style="list-style-type: none">• A full induction to the service and specific site will be provided• A one day 'Chaplaincy Essentials' training, plus a menu of additional training will be made available• Online training: Safeguarding (Adults & Young People), Fire Awareness, Manual Handling• Ongoing support and regular 1:1 meetings with your line-manager• Team meetings and social events• Mileage and expenses may be payable
Additional Information	<ul style="list-style-type: none">• You will undergo a DBS check as the role involves adults at risk• Two references may be undertaken prior to start

Application form and other volunteering opportunities can be found here: www.oneymca.org/volunteer