

## Volunteer Role Description

<b>Role Title</b>	<b>Infant Feeding Support Volunteer</b>
<b>Department</b>	Family Centre Service
<b>Location</b>	Broxbourne/East Herts/Welwyn Hatfield - Various
<b>Hours</b>	Various – minimum of 2 hours per week
<b>Main Tasks / Responsibilities / Activities</b>	<p>This includes:</p> <ul style="list-style-type: none"> <li>• To provide polite and friendly, evidenced based information rather than advice</li> <li>• To be friendly and welcoming</li> <li>• Must work within boundaries &amp; guidelines given</li> <li>• Work alongside trained professional staff</li> <li>• Encourage, support empower and empathise with mothers.</li> <li>• Enable mothers to make informed choices through sharing up to date information with them.</li> <li>• Support mothers to have a positive breastfeeding experience</li> <li>• Other tasks as requested by the Volunteer Champion.</li> </ul>
<b>Skills / Abilities / Experience /Qualities</b>	<ul style="list-style-type: none"> <li>• Knowledge and experience of working with young children and/or families.</li> <li>• It is essential to be trustworthy and approachable, ensuring the use of listening skills.</li> <li>• Familiar with the UNICEF baby friendly initiative standards and HCC infant feeding policy, and the international code of marketing of breast milk substitutes</li> <li>• Hold a level 2 or above Childcare or other relevant qualifications</li> <li>• Be of a friendly, welcoming, approachable and a cheerful disposition</li> <li>• Passion for working with children &amp; families</li> <li>• Good level of applied English literacy and numeracy</li> <li>• Good communication skills</li> <li>• Reliable &amp; punctual.</li> <li>• Be a team player with a flexible approach.</li> <li>• To treat all information in a confidential manner.</li> <li>• Opportunity to meet new people and learn new skill.</li> <li>• Non-judgemental and understanding of the diverse needs of children and their families.</li> <li>• Able to maintain complete discretion in handling confidential information.</li> <li>• Respect the Christian ethos of the YMCA &amp; uphold its values</li> </ul>
<b>Training / Support</b>	<ul style="list-style-type: none"> <li>• A full induction to the service and specific site induction will be provided.</li> <li>• Will be required to undertake One YMCA online training courses, including safeguarding; Fire Awareness and others. This will</li> </ul>

	<p>include Breastfeeding level 1. Equality &amp; Diversity; Manual Handling; Food Hygiene – Level 2; Breast Feeding support - Level 1.</p> <ul style="list-style-type: none"> <li>• Plus a menu of optional training linked the role will be made available</li> <li>• To understand and implement One YMCA’s Code of Conduct &amp; Policies.</li> <li>• To engage in ongoing support and regular 1:1 meetings with a Volunteer Champion.</li> <li>• Opportunity to attend team meetings and events.</li> <li>• Required to complete a Monthly Hour’s Record.</li> </ul>
<p><b>Additional Information</b></p>	<ul style="list-style-type: none"> <li>• Undergo enhanced DBS check</li> <li>• X2 References required</li> <li>• Undertake additional training as and when required</li> <li>• Will my expenses be paid? We offer to pay volunteers’ “out of pocket” expenses within agreed guidelines.</li> </ul>

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YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.