

# More and Better Together Doubling our impact by 2025

GRATEFUL





# **Our Mission**

One YMCA has been growing and developing over the past few years, reaching more people and helping them in new and deeper ways, but we had the sudden realisation that we had everything in place to make a major step change in our Impact if we did things a bit differently.

Looking around us we could (and still can) see that the need is growing...in areas where we already operate: homelessness was increasing, families and young people were under increasing pressures, domestic and sexual abuse was becoming more common, people were reporting increased isolation and loneliness, poor mental and physical health were sharply on the rise.

And in all these areas, YMCA has programmes and a track record of making a difference, to give people a hope and a future... but what if we could do even more? What if we could do even better?

Mission 25 may be shaped by our charity's senior leaders and trustees, but it is led and powered by the colleagues with frontline expertise who know what it really takes to make the biggest difference in people's lives. All our ten Mission 25 Concepts are built from the foundation of our mission statement, shared with dozens of YMCAs across England & Wales:

# YMCA enables people to develop their full potential

in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

Support & advice Accommodation

Family work

Health & wellbeing Training & educatio

Mission 25 is about changing ourselves, so that we can support the individuals and communities around us who need it most – ultimately transforming people's lives in mind, body and spirit. Doubling our Impact might have started as a dream, but even in the first year, we've seen a significant uplift in the way we work and the kind of outcomes we have achieved.

> This document outlines the inspiring and ambitious plans that our Ambassadors have spent the last year refining...and have already been trialling to such positive effect.

**Guy Foxell** CEO



# Increasing our reach

Working across three counties, we have the potential to reach a population of 2.4 million, including 907,000 under 30s

- Hertfordshire = 1,200,000 inc 446,000 under 30s
- Bedfordshire = 670,000 inc 251,000 under 30s
- Buckinghamshire = 554,000, inc 210,000 under 30s

Last year we reached nearly 100,000 (mainly in Hertfordshire). If we could double this we'd reach 8.3% of the local population in three counties and, given our focus on young people, this could mean reaching more than 20% of those under 30



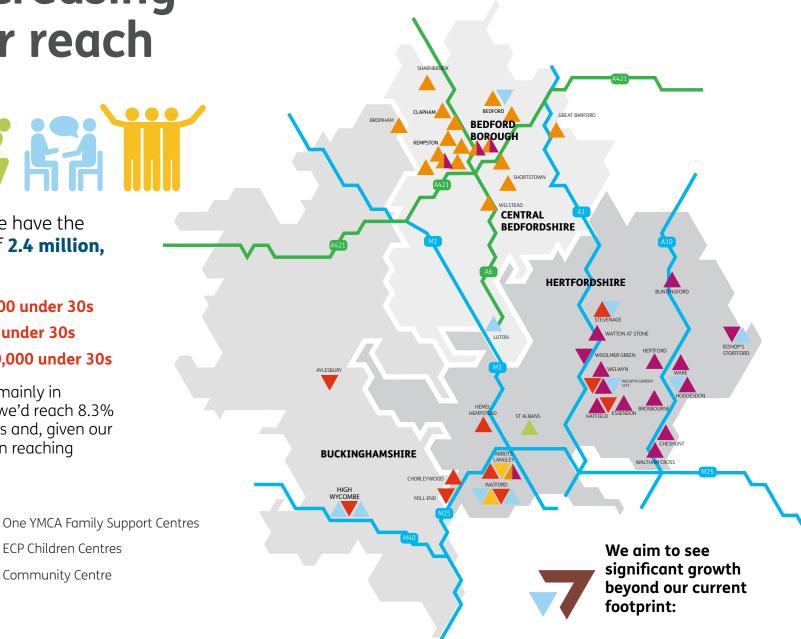


Health & Wellbeing

Young People

ECP Children Centres







### Creating the Mission In January 2020, we kickstarted our Mission 25 strategy process.

In the first hour of the new decade, via email, all staff and volunteers were invited to put themselves forward to apply and attend an intensive, three-day Kickstarter Event. From 42 applications, 25 "Ambassadors" were selected to join the senior team and an external facilitator at the event. People from all service areas and a range of job roles within One YMCA threw themselves wholeheartedly into

a gruelling process of brainstorming, refining and presenting their ideas across a variety of themes.

#### The Mission 25 Launch

While the structure of the event was carefully planned, and a series of templates were used to offer a framework to the ideas of colleagues, on each occasion they started with a blank sheet of paper and had to generate all











Thrive 5-11s G

Going Green

Team US Project Connect

Volunteers





People



**Better Places** 

Making Homes Going Digital

the ideas themselves. This was helped by the fact that Ambassadors had collated feedback and ideas from colleagues prior to attending, in order to reflect their viewpoints more accurately.

By the end of these three days, there was a brilliantly multi-faceted set of themes and ideas, which formed the starting point for the rest of the Mission 25 process to build on.

Ten Mission 25 concepts were chosen to be taken forward which will support our charitywide ambition to "double our impact by 2025".

#### Since the launch

After a slight pause whilst we collectively came together to support the most vulnerable of our beneficiaries through lockdown, we re-ignited Mission 25 in a call to action to double the number of Ambassadors.

#### Mission 25 Concept Champions call to action

Over 80 Ambassadors have signed up to take up the challenge of implementing our ambitious plans through the Mission 25 projects. We have scoped out what each project will achieve by 2025 and now the exciting work of putting our ideas into practice begins!



**Developing People** We will double the number of

lives we change and futures

we improve by creating **new** 

opportunities for staff and

service users. Through the

training and development

training routes, support the needs of our service userss and

enable them to achieve their

aoals and aspirations.

solution we will offer accredited

creation of a sector-leading



#### Volunteers

By **doubling the number of volunteer hours** to over 6800 per year, we will unlock the potential of our supporters. Volunteer led activity will grow to over 1000 sessions by 2025 and we will be the charity of choice where people come to learn, fulfil their volunteering desires and to develop their full potential in mind, body and spirit!

#### **Youth Spaces**

We will create youth venues that lead the way in ensuring the most positive connection possible with young people. 'Places like no other' will enable us to double the number of young people we engage with each year to 4000 by 2025. Doubling the number of opportunities for young people to engage with and learn new skills will support us to double the impact we make on their lives.

#### Team Us

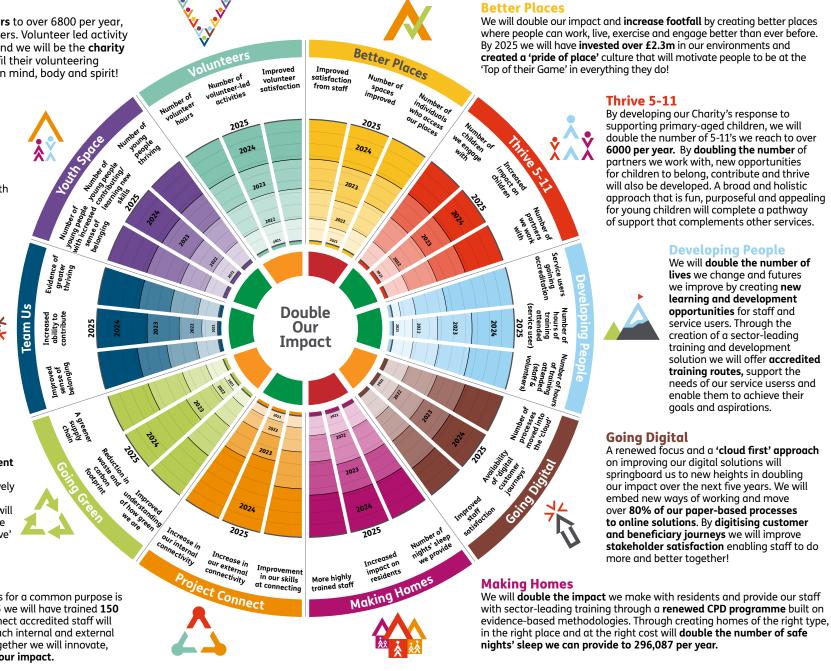
Team Us will develop the mind, body and spirit of our people in order for them to achieve their desires and aspirations both personally and professionally. Our staff and volunteers will have an increased sense of belonaina to YMCA, more chances to contribute to our mission and the opportunity to thrive in their careers and future opportunities.

#### Going Green

We will double our positive environmental impact by doubling our focus and commitment to do more and better, together. Collectively, with a **areener supply chain** we will innovatively reuse, reduce, recycle and educate across all areas and activities of the organisation. This will create a cleaner, safer and a more sustainable place for us all to 'belong, contribute and thrive' in our daily lives and for future generations.

#### **Project Connect**

Connecting staff, volunteers and service users for a common purpose is the mission of 'Connecting Together'. By 2025 we will have trained 150 staff in a bespoke Connect Framework. Connect accredited staff will deliver over **80 groups per year** which will reach internal and external customers. We believe that by connecting together we will innovate, attract many more service users and **double our impact**.





### **Business Plan**

More and Better Together



Housing grows from £6.6m to **£14.4m,** through a variety of projects







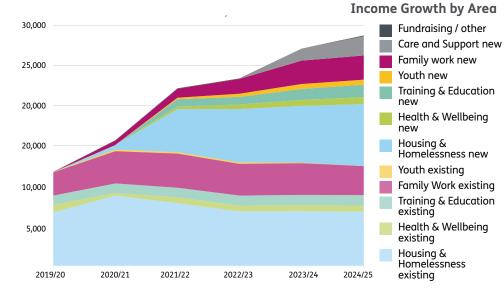
Health & Wellbeing grows from £942k to £1.5m

**Family Work** 

£6.6m

grows from

£4.6m to



Fundraising grows to **£864K** representing a 250% return on investment



**£1.7m** Invested in Mission 25 activities over the five year period



A new **"Care & Support"** department is introduced (intensive accommodation support), which grows to

f2.4m

**Area Growth** 2019 2025 97,500 200,000 **Beneficiaries Children & Young People** 55,000 100,000 Nights' Sleep 127,200 260,000 **Volunteer Hours** 3,500 10,000 **Nursery Children** 170 350 Social Value and Saving to Public Purse £13m £30m Turnover (surplus target) £12.8m (£339k) £28.7m (£469k) £13.7m **Fixed Assets** £29.7m Fundraising £160k £864k Headcount (FTE) 350 (190) 500 (300)



POWERED

by One

## A25 Strategy map

The Ultima Goal Led by our

#### **Our Mission**

YMCA enables people to develop their full potential in mind, body and spirit.

Inspired by, and faithful to, our Christian values, we create supportive and energising communities that are open to all, where young people can truly belong, contribute and thrive.

The Vision for Change Led by our Executive Leadership Team



A charity wide desire, belief and ambition to "do more and better together" so that we "double our impact" by 2025

#### The Strategy **Housing Strategy** Youth Strategy Family Support **Health & Wellbeing** Trainina & for Change Strategy Strategy **Education Strategy** Support & Advice Accommodation Achieving strategic We believe every We believe every **Family Work** Health & Wellbeina Training & Education young person should vouna person obiectives and We believe every family We believe everyone We believe every have someone they should have a safe should have the should enjoy the young person should reaching our Mission can trust. place to stay. be able to fulfil their support they need to benefits of good health Led by our Senior develop & lead more and wellbeing. full potential. Leadership Team fulfilling lives. The Influencers for Change Powering frontline strategy Led by Ambassadors Youth Space **Developing People** Volunteers Team Us **Better Places** Going Green Going Digital Making Homes **Project Connect** Thrive 5-11 The Mechanisms Fundraising & Finance **IT Strategy** Marketing, People Safety & Christian for Change Business Strategy Comms and Strategy Assets Development Insight Strategy Powering and being powered by Mission 25 Strategy Strategy Led by our Senior Leadership Team Underpinning our work through fundraising, awareness and support services Customer | Culture | Communication | Partnership | Profile | Digital | Facilities | Environment





#### With thanks to our funders, commissioners, partners and volunteers:





Contact Us

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#### **ONE YMCA**

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