

Volunteer Role Description



Role Title	Infant Feeding Support Volunteer
Department	Family Support Service
Location	Broxbourne/East Herts/Welwyn Hatfield
Hours	Various – minimum of 2 hours per week
Main Tasks / Responsibilities / Activities	<p>To support the vision of the Family Support Service in their work with parents, carers, families and Children (under 11 years)</p> <ul style="list-style-type: none"> • To provide polite and friendly, evidenced based information rather than advice • To be friendly and welcoming • Must work within boundaries & guidelines given • Work alongside trained professional staff • Encourage, support empower and empathise with mothers. • Enable mothers to make informed choices through sharing up to date information with them. • Support mothers to have a positive breastfeeding experience • Other tasks as requested by the Volunteer Champion.
Skills / Abilities / Experience /Qualities	<ul style="list-style-type: none"> • Knowledge and experience of working with young children and/or families. • It is essential to be trustworthy and approachable, ensuring the use of listening skills. • Familiar with the UNICEF baby friendly initiative standards and HCC infant feeding policy, and the international code of marketing of breast milk substitutes • Be of a friendly, welcoming, approachable • Passion for working with children & families • Good communication skills with conversational English. • Reliable & punctual. • Be a team player with a flexible approach. • To treat all information in a confidential manner. • Be proactive & work under your own initiative. • Non-judgemental and understanding of the diverse needs of children and their families. • Able to maintain complete discretion in handling confidential information. • Respect the Christian ethos of the YMCA & uphold its values
Training / Support	<ul style="list-style-type: none"> • A full induction to the service and specific site induction will be provided. • Will be required to complete the following online training including: Safeguarding Children & Young People; Safeguarding Adults; Fire awareness; Manual Handling and other relevant training. Breast Feeding support - Level 1. • Plus a menu of optional training linked the role will be made available.

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION

	<ul style="list-style-type: none"> • To understand and implement One YMCA's Code of Conduct & Policies & Procedures. • To engage in ongoing support and regular 1:1 meetings with a Volunteer Champion. • Opportunity to attend team meetings and events • Required to complete a Monthly Hour's Record.
Additional Information	<ul style="list-style-type: none"> • Attend an initial informal interview. • Undergo enhanced DBS check. • X2 References required. • Undertake additional training as and when required. • Will my expenses be paid? We offer to pay volunteers' "out of pocket" expenses within agreed guidelines.

To express your interest in this volunteering role or to find out about other volunteering opportunities please visit - www.oneymca.org/volunteer Alternatively for more information, or if you have any questions please contact Zoe Sharp – Volunteer Coordinator – via email: volunteering@oneymca.org Or Tel: 0300 123 7572 selecting Broxbourne District.

Come & join our team & help make a difference today!