



## Volunteer Role Description

The Chaplaincy Team provides support to Residents and Ex-Residents of One YMCA Hostels, to enable them to reach their potential in Body, Mind and Spirit, by providing emotional, practical and spiritual support.

Role Title	<b>Activity Assistant</b>
Department	Housing
Location	One YMCA Accommodation in High Wycombe, Watford, Welwyn Garden City, Bishop's Stortford or Stevenage.
Hours	Minimum 2 hours per week (days and hours to be discussed)
Main Tasks / Responsibilities / Activities	<p>Helping to run an activity that enables our Residents to flourish in body, mind and spirit. Responsibilities would include:</p> <ul style="list-style-type: none"> <li>• Helping to plan and advertise the group in conjunction with the Activity Leader</li> <li>• Proactively engaging with Residents and staff to encourage participation in the activity</li> <li>• Helping the Activity Leader to organise and run the activity</li> <li>• Be a non-judgemental, approachable presence to enable the most vulnerable Residents to take part</li> <li>• Maintaining records of participation</li> <li>• Signposting residents to other groups &amp; support available</li> <li>• Attend regular volunteer team meetings</li> </ul> <p>We can discuss together the nature of the activity, taking into account your skills &amp; passion as well as the current needs within the scheme.</p>
Skills / Abilities / Experience / Qualities	<ul style="list-style-type: none"> <li>• Self-motivated, reliable, punctual and organised</li> <li>• Be of a friendly, welcoming and cheerful disposition</li> <li>• Be a good listener with the ability to show empathy</li> <li>• Sensitivity and courage to work with distressed or anxious people</li> <li>• Good communication skills in English; in person &amp; over the phone</li> <li>• Ability to maintain confidentiality</li> <li>• A willingness to learn new things and get stuck in</li> <li>• Ability to work in a team</li> <li>• Respect the Christian ethos of the YMCA and uphold its values</li> </ul>
Training / Support	<ul style="list-style-type: none"> <li>• A full induction to the service and specific site will be provided</li> <li>• A menu of optional training will be made available</li> <li>• Online training: Safeguarding (adults &amp; young people), Fire Awareness, Manual Handling</li> <li>• Ongoing support and regular 1:1 meetings with your line-manager</li> <li>• Team meetings and social events</li> <li>• Mileage and expenses may be payable</li> </ul>
Additional Information	<ul style="list-style-type: none"> <li>• You will undergo a DBS check as the role involves adults at risk</li> <li>• Two references may be undertaken prior to start</li> </ul>

Our application form and additional volunteering opportunities can be found on our website:

[www.oneymca.org/volunteer](http://www.oneymca.org/volunteer). To discuss the role in more detail and ask any questions you have please contact: [volunteering@oneymca.org](mailto:volunteering@oneymca.org)

**Come and join our team and help make a difference today!**

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YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION