



## Volunteer Role Description

The Chaplaincy Team provides support to Residents and Ex-Residents of One YMCA Hostels, to enable them to reach their potential in Mind, Body and Spirit, by providing emotional, practical and spiritual support.

Role Title	<b>Activity Leader</b>
Department	Housing
Location	One YMCA Accommodation in High Wycombe, Watford, Welwyn Garden City, Stevenage or Bishop's Stortford
Hours	Minimum 2 hours per week (days and hours to be discussed)
Main Tasks / Responsibilities / Activities	<p>Leading an activity that helps our residents to grow in body, mind or spirit. Responsibilities include:</p> <ul style="list-style-type: none"> <li>• Planning and advertising the group in conjunction with the Chaplaincy Volunteer Coordinator (CVC) and wider team</li> <li>• Proactively engaging with Residents and Staff to encourage participation in the activity</li> <li>• Organising and running the activity, managing any Activity Assistants as appropriate</li> <li>• Maintaining records of participation &amp; feedback to the CVC</li> <li>• Offering a non-judgemental 'listening ear' to Residents</li> <li>• Signposting residents to other groups &amp; support available</li> <li>• Attend regular volunteer team meetings</li> </ul> <p>We can discuss together the nature of the activity, taking into account your skills &amp; passion as well as the current needs within the scheme.</p>
Skills / Abilities / Experience / Qualities	<ul style="list-style-type: none"> <li>• Self-motivated, reliable, punctual and organised</li> <li>• Be of a friendly, welcoming and cheerful disposition</li> <li>• Be a good listener with the ability to show empathy</li> <li>• Sensitivity and courage to work with distressed or anxious people</li> <li>• Good communication skills in English; in person &amp; over the phone</li> <li>• Ability to maintain confidentiality</li> <li>• A willingness to learn new things and get stuck in</li> <li>• Ability to lead a team or willingness to learn</li> <li>• Respect the Christian ethos of the YMCA and uphold its values</li> </ul>
Training / Support	<ul style="list-style-type: none"> <li>• A full induction to the service and specific site will be provided</li> <li>• A menu of optional training will be made available</li> <li>• Online training: Safeguarding (adults &amp; young people), Fire Awareness, Manual Handling</li> <li>• Ongoing support and regular 1:1 meetings with your line-manager</li> <li>• Team meetings and social events</li> <li>• Mileage and expenses may be payable</li> </ul>
Additional Information	<ul style="list-style-type: none"> <li>• You will undergo a DBS check as the role involves adults at risk</li> <li>• Two references may be undertaken prior to start</li> </ul>

Our application form and additional volunteering opportunities can be found on our website:

[www.oneymca.org/volunteer](http://www.oneymca.org/volunteer). To discuss the role in more detail and ask any questions you have please contact: [volunteering@oneymca.org](mailto:volunteering@oneymca.org)

## Come and join our team and help make a difference today!

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YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION